



Ishikan Karate Championships
Presented by MACS Martial Arts Supplies
AJKA-I & AAU/USA Sanctioned event

Date & Time	Sunday December 10, 2023 Referee Meeting 8:30am / Opening Ceremony @ 9:00am
Pre-registration	Online Registration ONLY @www.tournamentinbox.com <u>THIS EVENT IS BY INVITATION ONLY!!!</u> Registration closes Friday 12/8/23 @ 11:59 pm- No registration @ the door!
Location	Kingsborough Community College 2001 Oriental Blvd., Brooklyn NY 11235
Entry Fee	<p>Register by 10/15/23: Kata and/or Kumite Individual Events \$65.00; Kobudo \$10 add'l Team Kata \$45.00</p> <p>Register by 11/15/23: Kata and/or Kumite Individual Events \$75.00; Kobudo \$15 add'l Team Kata \$55.00</p> <p>Register by 12/8/23: Kata and/or Kumite Individual Events \$85.00; Kobudo \$15 add'l Team Kata \$65.00</p> <p>Spectator fees: Adults- \$10.00/ Children- \$5.00/Toddlers-Free/ Coaches \$30.00</p>
Awards	<ul style="list-style-type: none"> • 1st, 2nd & 3rd place will receive medals in all divisions. • Ishikan Team Kata Champions will receive a trophy award
Competitors Dress Code	Traditional white gi, no jewelry in competition, trimmed nails are required
Referee Dress Code	White shirt, blue tie, navy blue jacket, gray slacks, black shoes
Kata	<ul style="list-style-type: none"> • Beginners (0-1 year of training; 7th kyu or below) & Novice (1-2 years of training; 6th to 4th kyu) – Heian/Pinan/Gekisai etc . May repeat Kata. • Intermediate (3-4 years of training; 3rd to 1st kyu) – See AAU/USA kata list for allowed Katas. May repeat kata. • Advanced (4 years or more of training; Shodan and above) See AAU/USA kata list for allowed Katas. • Age 17 & under MUST perform a different kata in Medal round – Semi Finals. • Age 18 -21 CANNOT REPEAT KATA • FLAG SYSTEM WILL BE UTILIZED.
Team Kata	<p>Team Kata will be divided by Age/Level category. Point system will be utilized for this event.</p>
Kumite	<ul style="list-style-type: none"> • Modified AAU/USA rules: light head contact is permitted (black belts only) • Uncontrolled techniques will result in penalty or disqualification. • All divisions will run 1:30 minute stop time.
Kobudo	<p>Bo, Sai, Tonfa, Eku</p> <ul style="list-style-type: none"> • All matches will be on Point system
Equipment	<ul style="list-style-type: none"> • Mandatory: Hand gloves, Mouth guard, protective cup (male), Head gear in 17 & under (face shield is recommended). Optional: Shin & Instep Foot gear, chest protector (female). Safety glasses with restraining band will be allowed for sparring. • Competitor MUST have their own equipment.
Coaching	<p>ALLOWED IN KUMITE ONLY – MUST WEAR Club Track Suit/Gi Pants w Club Shirt</p> <ul style="list-style-type: none"> • COACHES DAILY PASS - \$30.00
Note	<ul style="list-style-type: none"> • In the spirit of karate-do, proper conduct is required from competitors and instructors alike, or else suspension will result from all future AJKA-I/AAU/NYKEC events.

The director of the event has the right to break or combine any division due to quantity of competitors.